



The voice of rural child health
www.auspaediatrics.com.au

ABN 93 622 296 075

Australian Paediatric Society.

PO Box 1139
GEELONG VIC 3220
Ph 03 52227721
Fax 03 52227517

Email admin@drgoss.com.au

Vomiting and Type 1 Diabetes “Never Assume”

Every person with Type 1 Diabetes who has nausea or vomiting MUST be assumed to have diabetic ketoacidosis (DKA) until proven otherwise.

- **Vomiting requires URGENT assessment by checking blood glucose and blood ketones.**
- **RAPID deterioration can occur in DKA and may be life-threatening.**
- **NEVER ASSUME that vomiting has “just” been caused by food poisoning, “gastro”, alcohol or any other cause until it is clear that insulin has been effectively administered and blood glucose and ketones are not elevated.**

Dr Peter Goss FRACP (Vic)

Chair

Australian Paediatric Society Diabetes Committee

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